

**Are you pregnant or have you recently had a baby?**

**HAPI can help.**

We all have a common goal – healthy babies and healthy families. The HAPI Project has access to services and resources that can help make healthy happen.



**HAPI PROJECT**

**The WV Healthy Start/HAPI Project helps pregnant women, new parents and infants up to age 2.**

**Community partners:**

Community partners:

Right From the Start

Maternal Office of Child and Family Health

West Virginia University Medicine

West Virginia University School of Dentistry

Domestic violence agencies

Local health providers

Social service agencies

Family Resource Networks

...and many more



**HAPI PROJEC**

HELPING APPALACHIAN PARENTS &

# The HAPI Project is designed with pregnant and new mothers in mind.

## Prenatal services:

- Oral health/dental services
- Healthy behaviors screening and a free Sonicare toothbrush
- Depression screening
- Domestic violence screening
- Breastfeeding education and support

## For mom:

- Health insurance screening and access to preventive care
- Breastfeeding education and support
- Reproductive life planning
- Life goal setting
- Postpartum depression screening
- Access to medical and mental health services
- Child development screenings
- Infant oral health education and referral
- Parenting support

After delivery, our staff offers continued services for new mothers. We offer a combination of home visits, office visits and phone calls to monitor the well-being of both mom and baby. All services are free and confidential.

All HAPI Project services focus on the health and wellbeing of the mother during and after pregnancy. The program also includes resources for infants, children and fathers. Services are provided by caring, supportive nurses, social workers and dedicated care coordinators.

All services are connected to the Right From the Start Program and are provided at the same time by the same designated care coordinator.

## Participants also gain access to:

- Counseling & medication evaluations
- Depression medications
- Smoking cessation programs
- Transportation/childcare assistance for medical appointments
- Referrals to other community resources and services



## HAPI Project

Pregnant and new mothers in Barbour, Harrison, Marion, Monongalia, Preston, Randolph, Taylor and Upshur counties are eligible.

(866) 738-HAPI