



What is Right From The Start?

Right From The Start (RFTS) is a statewide program that helps West Virginia mothers and their babies live healthier lives by offering home visitation services with a Designated Care Coordinator (registered nurse or licensed social worker).

Our services are FREE and support mothers, their new babies and their families by helping create a safe, nurturing home. Our Designated Care Coordinators discuss any questions and concerns you may have and help you find the resources you need.



Better beginnings
for **you** and
your baby

Contact Info:

Right From The Start Program

350 Capitol Street, Room 427
Charleston, WV 25301-3714
(304) 558-5388 or
Toll Free in WV 1-800-642-8522
Fax (304) 558-7164

For more information, please visit

www.wvdhhr.org/rfts



What Happens During a Home Visit?

A Designated Care Coordinator (DCC) comes to your home – or any place you choose – and visits with you, answering any questions or concerns you may have.

Your DCC helps you learn the skills and resources to keep you and your family safe, healthy and happy, such as:

- Feeding, bathing and changing your baby
- Putting your baby down for sleep safely
- Good nutrition for you and your baby
- Where to get immunizations for your baby
- Creating a positive and healthy family environment

Your DCC will also help you while you're pregnant to get all of the information you need, such as:

- Childbirth and labor
- Nutrition
- Body changes during pregnancy
- Quitting smoking
- Community support/resources (WIC, DHHR, etc.)
- Arranging transportation to medical appointments
- Providing resources for mileage reimbursement for trips to and from medical appointments
- Helping find a place to live
- Finding baby care items



How Do I Become Part of the Program?

To be eligible for Right From The Start, you need to:

- Be pregnant or have a child less than one year old
- Be a resident of West Virginia
- Have a current, active Medicaid Card or medical coverage through the Office of Maternal, Child and Family Health (OMCFH)

All pregnant teens aged 19 or younger are eligible for medical coverage through the OMCFH regardless of family income if they are uninsured for maternity care. If you were denied Medicaid and you are uninsured for maternity care, DHHR will forward your application to the OMCFH to see if you qualify for prenatal coverage with the Right From The Start Maternity Services Project.

If you're eligible, you can apply for the Program by:

- Getting an application from your local DHHR office or online at www.dhhr.wv.gov/bms
- Submit the completed form to your county DHHR office.